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Study of Upanishad

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(Every Thursday to Saturday)

7 Oct. To 18 Dec. 2021

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<https://www.gtu.bhishmaindics.org/upnishad>



REPORT

The Upanishads are a part of the Vedas. The original source of the entire Indian Vedic philosophy is written in the Upanishad texts. The perfect invention of the very highest level of human intelligence, which is called *Ritambhara Prajna*, is visible in these Upanishads. The Upanishads give us knowledge about the balance of *Vyashti* (individual), *Samashti* (society) and *Parameshti* (universe) and their innate relationship. The stories of the Upanishads teach us which path we have to walk in order to lead a happy, welfare and prosperous life for the whole world. The Upanishads have the ability to bestow the spirit, mind, intellect and spiritual divine bliss beyond reason. The Upanishad gives us such knowledge that is very easy and accessible, which can be adopted by any human being in the world. Adequate discussion has been done in the Upanishads on moral life, study, social order, good governance, *Purusharth*, environment, art and culture. We get a wonderful and supernatural bliss from the Upanishads. It is necessary for every Indian to have knowledge of the Upanishads and the moral stories described in it.

• List of Registered Students:

Study of Upanishad				
No	Name	WhatsApp	Email	City
1	Ashokkumar Patel	9820434296	agplove62@gmail.com	Mumbai
2	manju singh	9650704705	manjusingh1212@gmail.com	Alaknanda
3	Dr. Rupam B. Upadhyaya	9714881699	rupambupadhyaya@gmail.com	Ahmedabad
4	Anand Kumar Jha	9717649122	anandkjha1@hotmail.com	Khel Gaon
5	Dr. Smita B Joshi	9723309295	sbjoshi69@gmail.com	Vallabh Vidyanagar
6	Asmita Pansheriya	9974461120	asmitasavaj@gmail.com	Ahmedabad
7	Lolakshi Laxman Bangera	8104132816	lolakshi.bangera@gmail.com	Mumbai
8	Anita Pandey	9818093274	anitapandey13@gmail.com	Dwarka, New Delhi
9	Nitasha Joon	9818149807	nitashajoon3274@gmail.com	Gurugram
10	Ruchir Ajitbhai Shah	9825729129	shahruchir@gmail.com	Bharuch
11	Pratekk ghelaa	9370692744	pratekk.ghelaa@gmail.com	pune
12	Nayan Zaveri	9833919764	nilesh.veenagroup@gmail.com	Thane

13	Dr Jayantilal S. Bhadesia	9427614251	bhadesia@hotmail.com	Morbi
14	Gohel Ankikumar Chhotubhai	9599570736	ankit.snps2021@gmail.com	Anand
15	Lata Desai	9820041879	desaillata65@gmail.com	Mumbai
16	Neha Gandhi	9820099713	nehagandhiskil@gmail.com	Mumbai
17	Vijay Sharma	7291848586	vijaysharma88@gmail.com	Greater noida
18	Kumar Pherwani	9892334294	gabbar1411@yahoo.co.in	Mumbai
19	Rajagopal Ramanathan	9819399031	runwalrajagopal@gmail.com	Mumbai
20	Bhaveshkumar Patel	9825020343	ProAdvisorQBO@gmail.com	AHMEDABAD
21	Jayshree Ajay Mohite	9404076772	jayumohite72@gmail.com	Nagpur
22	Purnima Vinod Moovankara	9833393559	purnimavinod@yahoo.com	Mumbai
23	Kailash Chandra Joshi	9987206919	kcjee1607@gmail.com	Navi Mumbai
24	Sumit Agarwal	9811353334	sagarwal942@gmail.com	Ghaziabad
25	Kinjal Miten Pandya	9930334442	kinjal.pandya@somaiya.edu	Mumbai
26	PANSURIYA DHANANJAY DHANJIBHAI	9978181755	dhananjay912@gmail.com	Gandhinagar
27	Prabhat Kumar	9415089049	pkcapcons@gmail.com	Lucknow
28	Ruchi Dhawan Sharma	9999457233	ruchidhawan.sharma@gmail.com	Gurgaon
29	Tara Dutt	9312304735	taradutt50@gmail.com	Delhi
30	Sanya Sharma	9910263969	sanya.online27@gmail.com	NEW DELHI
31	KOLAGANI SREENIVASU	9043204849	ksaivasu99@gmail.com	Chennai
32	Yamini Pillai	9964666458	yamini.pillai@gmail.com	Anantpur
33	Dr Sumit Unadkat	9426236919	drsumitpsm@gmail.com	Jamnagar
34	Prem Kumar Ojha	9812302379	principal@gateway.edu.in	Sonipat
35	Prerna Samir Pimpalkar	9130033845	prernapimpalkar786@gmail.com	Badlapur
36	MAHENDER KUMAR GERA	9871096660	mahendergera53@gmail.com	NEW DELHI
37	Anupama Upadhyay	9935778037	anuneelpranshu@gmail.com	Delhi
38	Vishalkumar Thakorbbhai Patel	7436088667	wish4unik51@gmail.com	kosamba (RS)
39	Darshan Kamat	9619941230	darshankamat@gmail.com	Mumbai
40	Shivakeshavarao A	9739608008	shivakeshavarao@gmail.com	Bangalore
41	Kashmira Sheth	9825934909	Kash0630@yahoo.com	Vadodara
42	Dr. L. V. Padmarani Rao	9423693695	lvpadmarao@yahoo.co.in	Nanded
43	Dr.Darshna.Chandubhai.DeshmukhBhagat	9925023772	dr.darsna.deshmukh@gmail.com	Rajpipla
44	Hemangini Hansir Bhagat	9088100012	hansirb@gmail.com	Surat
45	Rajesh Garg	9824087618	Rajesh@futuristictechnologies.co.in	Ahmedabad
46	Smita B P	7349721052	smitadineshvidyaa2016@gmail.com	Bengaluru
47	Milind Apte	9167575522	milind.apte@rediffmail.com	Vadodara
48	Shiv Kumar Goyal	9818461211	vivekgupta1978@gmail.com	New Delhi
49	Kavita Srivastava	9554518660	K.srivastava99@gmail.com	Pune
50	Srabani Bhadury	9619900755	srabaniban1@gmail.com	Mumbai
51	Aditya Umesh Thakore	9975992823	adityathakore@yahoo.com	PUNE
52	Dipal Kairav Mehta	9825134682	dipalmehta2611@gmail.com	Jamnagar
53	Neeraj Bhatt	9971853953	neerajbhatt2000@gmail.com	Noida

54	Achyut Keshav Hirve	9930892670	hirveak@gmail.com	Pune
55	Juhi Jatin Makwana	9377363974	juhi0289@gmail.com	Vapi
56	Bhairavi Rameshchandra Sangani	6352851764	brsangani23@gmail.com	Rajkot 360007
57	JOSHI SHAILESH DINDAYAL	9904097635	shailu.padmshali1@yahoo.com	Ahmedabad
58	Ranjana Punit Makharia	9821681850	ranjanapunitmakharia@gmail.com	Mumbai
59	Surabhi Bhatnagar	9723019900	surabhi0706@gmail.com	Hyderabad
60	Mitul Panchal	9016265358	mitul.raja@gmail.com	Ahmedabad
61	Supriya Bhide	8806730777	aspbhide@yahoo.co.in	Zombadi
62	Pushpalata Agrawal	9822378887	rani.goyal259@gmail.com	Nanded
63	shital desai	7043941037	sadesaivp@gmail.com	vadodara
64	DIVAN SHANTILAL SAPARIYA	9898009307	SAPARIYADIWAN@LIVE.IN	RAJKOT
65	Susmita Tripathi	7987728522	susmitatripathi5@gmail.com	Bhopal
66	Raj Bhushan	9810007269	adv.rajbhushan@gmail.com	New Delhi
67	Dr.M.Kanchanmala	9848640488	kanchansrinivas@gmail.com	Hyderabad
68	Karthik Srinivasa Rao	9611108163	karthiksr86@gmail.com	Bengaluru
69	Prasad A P	8050362278	vkappasad@gmail.com	Bangalore
70	Prerana Padhya	9930260102	Preranapadhya74@gmail.com	Kandivali East, Mumbai
71	VIMALKUMAR BHARATBHAI PATEL	9879027400	vimaldattuwala@gmail.com	SURAT
72	Swati Srinivas	9849986612	Swatimulugu@gmail.com	Hyderabad
73	Kirti Rajoriya	8764376102	akirti4@gmail.com	Bangalore
74	NALLANAGULA MOUNIKA	8179179562	mmadupoju@gmail.com	HYDERABAD
75	Sanjeev Shelar	9850004550	tablashelar@gmail.com	Nashik
76	Abhimanyu	9467392024	yadav.abhimanyuu@gmail.com	Sonipat
77	Chaudhary Vishal Girishbhai	9328185609	vishalchaudhary0014@gmail.com	Idar
78	Raunak kumar	9939663728	info.raunakkumar@gmail.com	
79	Gorur Srinivasan Ramaswami	9920820909	grswami14@gmail.com	
80	Minesh	9426712146	mineshmehta13@gmail.com	
81	Devendra Nath Pathak	753646138	devendranathp@gmail.com	Vadodara
82	Sunil Mandhana	9302433500	sunil_mandhana@yahoo.com	Vadodara
83	BHARATKUMAR HARKISHONDAS MAKWANA	9898540770	bharatcnm@hotmail.com	
84	Smita Uday Kolhatkar	9925148715	smitak1970@gmail.com	Dar es Salaam
85	Hemant Mehta	9819695104	hemantmehta9@hotmail.com	
86	Mohit R Shah	9925711565	mohit.r.shah@gmail.com	Surat
87	MUTHYAM ANURAG	9949855502	sangeetaraju@ymail.com	Vadodara
88	Bhagyashree Joshi	9145054222	editor.mindmirage@gmail.com	Mumbai
89	Dr Jyotsna Singh	9810266315	Jyotsnajoon@gmail.com	Vadodara
90	NAVEEN KUMAR	9431312018	naveenhs18@gmail.com	Hyderabad
91	Aishwarya B	7798426172	melodiousaishwarya7@gmail.com	pune
92	Dhruvi	6581806970	dhruvi.cuny@gmail.com	Faridabad
93	Dipti vaibhav gawandi	9920409390	Dipti.gawandi@yahoo.in	Mumbai

94	Ashna Advani	9324659759	ashna.advani@ygmail.com	Mumbai
95	Riddhish Thakore	7016434790	riddhish.thakore@gmail.com	Gandhinagar
96	Nareshkumar kantilal dhola	9879796961	Dholanaresh26@gmail.com	
97	Tejas Lodha	8866876477	tejasklodha@gmail.com	
98	Isha Kshitij Shah	9998304656	ishamehta29@gmail.com	Surat
99	Ankit Parmar	8866770562	ankitparmar372@gmail.com	Ahmedabad
100	Sujit Embrandiri	9173788148	sujit.embrandiri@gmail.com	Vadodara
101	Hardik Pravinchandra Solanki	9586342744	hardik290895@gmail.com	Bharuch
102	Aditya Lalitkumar Patel	8758289550	patel.adi44@gmail.com	Ahmedabad
103	Rahul Kumar G Gamara	9601760874	rahulgamara.gas@gmail.com	

• PICTURE OF THE SESSIONS:

Śīkṣā Valli

- Explanation of the meaning of Vedas from different angles. Types of worships

Mahāsaṁhitā


- > अधिलोक (अधिभौतिक)
- > अधिज्योतिष (ज्योतिष)
- > अधिविद्य (अध्ययन-अध्यापनविषयक)
- > अधिप्रज (जीवविज्ञानविषयक)
- > अध्यात्म (आत्मविषयक)

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Archit Deodhar - 1 / A...



Study of Upanishad - Day 14

8:00am to 9:15am (India S.T.)

Dr. Chinmayi H. Deodhar
Ph D in "Vows and Festivals in Mahapuranas" (University of Mumbai)

Educational Qualifications :

- M.A. (Sanskrit) (Gold Medal) (University of Mumbai)
- Advance Diploma in Comparative Mythology (University of Mumbai)
- Recipient of Junior Research Fellowship (JRF)

Work Experience :

- Presently working as Assistant Professor (Sanskrit) in Nalanda Nritya Kala Mahavidyalaya (Juhu) (Affiliated to University of Mumbai)
- Visiting Faculty for M.A. Sanskrit (University of Mumbai)
- Co-Editor of the Book *Suktimuktavali* (Somaiya Publications)
- Published Articles in Lokasatta, Maharashtra Times, Lokaprabha
- Three Research Articles published in Reputed Journals

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Study of Upanishad Day 15.mp4

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1 An Introduction to Tattirya Upanishad

2 Basic Information

3 Significance

4 Structure of the Text

5 Introduction

6 Shukla Yajur

Significance

- Explanation of Pure Brahmanvidyā
- Significant for traditional chanting of Vedic mantras
- It is believed that Śaṅkarācārya commented on this *Upaniṣad* first defining the term *Upaniṣad*.
- **Mahāvākya – *Satyam Jñānam Anantam Brahma***
- Lucid and Simple language
- Positive attitude towards life can be seen (I.4.3)

Dr. Chinmayi Deodhar (12 December 2021)

Click to add notes

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