



Gujarat Technological University

(Accredited with A+ grade by NAAC)

School of IKS & Dharohar – CIKS

Certificate Course Name

INTRODUCTION TO UPANISHADS

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Eligibility For the Course	12th Pass
Credit	02
Contact Hours	30
Duration	3 Months
Marks	100 (MCQs) 50 questions
Fees	RS.1500+ 500/-
Course Outcome	Employability, Skill Development, Knowledge of IKS will expand critical thinking capacity and confidence as well as self-esteem and respect for the Nation and its Heritage
Relevance of Course:	Regional, National and Global
Medium	Gujarati/Hindi
Teaching Mode	Online

INTRODUCTION TO UPANISHADS

Unit 1: Introduction to Vedic Literature and Upanishads

- Vedic literature and its historical significance
- Definition of Upanishads
- Significance of Upanishads in the Vedic tradition

Unit 2: Major Upanishads-I

- 1) Ishavasya Upanishad
- 2) Kena Upanishad
- 3) Katha Upanishad
- 4) Prashn Upanishad
- 5) Mundaka Upanishad

Unit -3 Major Upanishads -II

- 1) Mandukya Upanishad
- 2) Taittiriya Upanishad
- 3) Aitareya Upanishad
- 4) Chandogya Upanishad
- 5) Bruhdaranyaka Upanishad

Unit 4: Stories and Teachings of Upanishads

- Stories in the Upanishads
- Ethical and moral implications of the Upanishadic teachings

Unit 5: Relevance of Upanishads in Modern Life

- Applying the timeless principles of the Upanishads to contemporary contexts
- Investigating the profound influence of Upanishads on Indian philosophy, spirituality, and culture